

STAFFING SPECIALISTS

LABOR & DELIVERY SKILLS CHECKLIST

This self evaluation is for assessing your experience in specific clinical areas. This self evaluation will not be a determining factor in accepting your application to become an employee of Supplemental Health Care.

1 = No Experience 2 = Limited Experience 3 = Experienced 4 = Highly Skilled

MEDS / IV THERAPY	1	2	3	4
Administer PO Medications				
Administer IM & SQ Meds				
Peripheral IV Insertion				
Administer IV Medications				
Mix IV Infusion w/ Additives				
Use of Heparin / Saline Locks				
Needle-less Systems				
Administer / Monitor IV Infusions:				
- Oxytocin Induction / Augmentation				
- Magnesium Sulfate Therapy				
- Labor Suppressants -Ritordine				
- Antibiotics				
- Heparin				
Discontinue Peripheral IVs				
Administer Blood				
Administer Blood Products				
Draw Blood for Lab Studies				
Vital Sign Monitoring				
Pulse Oximetry:				
Setup				
Monitoring				
ANTE / INTRAPARTUM	1	2	3	4
Care of Patient With:				
Pregnancy-induced HTN				
Preeclampsia & Eclampsia				
Multiple Gestation				
Placenta Previa				
Abruptio Placenta				
Malpresentations				
Premature Labor				
Diabetes Mellitus				
Cardiac Disease				
Asthma				
Infectious Disease				
Hemorrhage				
Pyelonephritis				
Cystitis				
Sickle Cell Disease				
Rh Incompatibilities				
Oxytocin Challenge Test				

INTRAPARTUM PHASE	1	2	3	4
Contraction Characteristics				
Determine Fetal Position				
Status of Membranes				
Fetoscope				
Doppler Ultrasound				
External Monitor:				
- Tocotransducer				
- Ultrasound				
- Phono				
- Abdominal ECG Transducer				
Internal Monitor				
Variability / Reactivity				
Decelerations-Early,Late,Variable				
Pelvimetry				
Assessment for Deep Reflexes				
Assessment for Clonus				
Intake and Output				
Assessment for Edema				
Insert Straight / Foley Catheter				
Bedside Clinical Testing:				
Urine Dipstick				
Blood Glucose Monitoring				
Interventions During Labor	1	2	3	4
Physical Comfort Measures				
Emotional Support				
Coach Psycholprophylactic Breathing				
Coach Psycholprophylactic Relaxation				
Support, Guide, Labor Coach PRN				
Change Woman's Position PRN				
Perineal Prep				
Care After Rupture of Membranes				
Monitor After Rupture of Membranes				
Vaginal Exam:				
Assess Dilation				
Assess Effacement				
Assess Station				
Assess Presentation				

L & D INTERVENTIONS	1	2	3	4
Spontaneous Vaginal Delivery				
Forceps Vaginal Delivery				
Cesarean Section				
Labor Room Delivery				
General Anesthesia Monitoring				
Epidural Anesthesia Monitoring				
Spinal Anesthesia Monitoring				
Local Infiltration (Preparation)				
Suction Infant Post-Delivery				
Weigh Infant Post-Delivery				
Examine Newborn Resp Status				
Examine Newborn for Anomalies				
Adult CPR				
Neonatal Resuscitation				
Identify Infant:				
- Bracelet				
- Footprints				
- Mother's Bands				
Eye Prophylaxis				
Collect Cord Blood Samples				
Transfer to Newborn Nursery				
PARENT / INFANT BOND	1	2	3	4
Foster Parent / Infant Bonding				
Assist / Instruct Breastfeeding				
Assist / Instruct Bottlefeeding				
Discharge Teaching				

L & D ASEPTIC TECHNIQUE	1	2	3	4
Set up a Delivery Table				
Set up a Caesarean Section Table				
Scrub for a Caesarean Section				
Circulate for Postpartum Tubal Ligation				
Scrub for Postpartum Tubal Ligation				
Assist Artificial Rupture of Membranes				
Assist Placement Fetal Scalp Electrodes				
Assist with Fetal Scalp Blood Sampling				
Assist Intrauterine Press Cath Placement				
POSTPARTUM PHASE	1	2	3	4
Postpartum Assessment				
Fundus Consistency / Location				
Initiate Fundal Massage PRN				
Lochia				
Bladder Distention				
Insert Straight / Foley Catheter				
Provide / Instruct Perineal Care				
Episiotomy Care				
Apply Ice to Perineum				
C-section Incision Care				
Assess Homan's Sign				
Manage Postpartum Pain				
RhoGam Administration				
Rubella Vaccine				
Initiate Post-Anesthesia Care:				
Spinal				
Epidural				
General				

Age-Appropriate Care: Ability to adapt care to incorporate normal growth and development, adapt method and terminology of client instructions as it relates to the age and comprehension level of the client, and to ensure a safe environment - reflecting specific needs of the client and various age groups.

AGE	1	2	3	4
Newborn (birth-30 days)				
Infant (30 days - 1 year)				
Toddler (1 - 3 years)				
Preschooler (3 - 5 years)				
School Age (5 - 12 years)				

AGE	1	2	3	4
Adolescents (12 - 18 years)				
Young Adults (18 - 39 years)				
Middle Adults (39 - 64 years)				
Older Adults (64+ years)				

The information I have given is true and accurate to the best of my knowledge, and I hereby authorize Supplemental Health Care to release this Skills Checklist to staffing clients of Supplemental Health Care. This skills self evaluation is to be updated annually.

Applicant Signature

Date

Applicant Name & Title (please print)

SHC Representative Signature

Date